



Your regular medication and if and when you should stop taking them.

When you need to stop eating or drinking.

If you should be on a specific diet in the day or week leading up to the surgery.

Removing nail polish and makeup. Your nails should be trimmed, and your skin should be clean and free of lotions or blood clots.

What device or item you need to bring with you for surgery, such as a walker. Be sure to leave jewelry and other valuables at home.

Your opinion regarding anesthesia and sedation.

Your pain control plan.

Documents, including advance directives and naming your health care proxy.

Other questions you have.

**For your safety, please do the following:**

- Take only food and drink from the hospital or surgery facility.
- Be in the hospital or surgery facility.
- Communicate your patient directives to the care staff when you cannot.
- Remind you to ask questions which help ensure you are getting the best care possible.



Your name and other information may help staff make sure you are receiving the right care.

The type of surgery you are having and the exact location on your body.

An implant or device you may have is a record of the surgery.

Confirmation that you spoke to your doctor about an risk involved, different care plans available to you, and your post-surgery care plan.

Your agreement to have the surgery.



**Tip:**

Someone from your care team will mark the position that will be operated on.

If you are having spine surgery, the Informed Consent, X-ray and other information will be used to confirm the exact place on your spine in the operating room after you are asleep.

Prior to your surgery, check to make sure that your surgeon has all necessary spine imaging.

Ask your surgeon if the care team will take a time out right before your surgery to make sure they are doing the surgery as agreed upon in your Informed Consent form.



**Tip:**

Ask your surgeon about an incision, drain or line that may be made or inserted during your surgery and where they may be located.

